HPA: App Prep Program
Preparing to Apply and Applicant Timeline

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HPA Services

We serve all UC Davis students and alumni with all aspects of their journey, including the application process.

- **Advising**
  - Express Advising
  - Zoom Drop-Ins
  - Scheduled Appointments

- **Programming**
  - App Prep Program
  - Info Sessions by Schools
  - Partnering with clubs

- **Email Listservs**

**Application tip:**
Start meeting with HPA now at Zoom Drop-Ins when it is less busy vs waiting until April - July.
App Prep Program

Created to support you in this journey! We still highly encourage meeting with HPA advisors during scheduled appointments and Zoom Drop-Ins.

- Workshop Series
- Applicant Email Listserv
What are schools wondering when they look at your application?
Core Competencies

- Service Orientation
- Social Skills
- Cultural Competence
- Teamwork
- Oral Communication
- Ethical Responsibility to Self and Others
- Reliability and Dependability
- Resilience and Adaptability
- Capacity for Improvement
- Critical Thinking
- Quantitative Reasoning
- Scientific Inquiry
- Written Communication
Readiness Check-In

- Academics, Experiences, & LORs
- Financially
- Time and Mentally
2023+ Applicants

- Particularly for class of 2022 grads please feel free to attend our workshop series
  - Gain idea of process and create self-deadlines
  - Gain foundation to start app prep
  - Encourage attending now if you know you have the time vs future may be working/too busy

- Please note each cycle is different so be sure to still be connected during your cycle
Tips for Managing the Cycle

- Seek help early and frequently
- Start earlier than you think
- Taking things one step at a time
- Be wary of online sources
- Keep track with google docs/google sheets

Take a moment and think how much you have overcome to be here.

Remember everything will be okay, we will get through this together
Remember, it is always up to you when you apply. We want you to feel the most confident and competitive. HPA is here to support whenever that is.
Applicant Vocab and Timeline Overview

- Rolling vs deadline admissions
- Official transcripts
- Verification

- App Prep begins
  - HPA events
  - appointments
  - School info sessions

- Take/Retake Standardized Exam
- Submit within 4 - 6 weeks of app opening
- Acceptances
- Start School

2022 JAN  FEB  MARCH  APRIL  MAY  JUNE  JULY  AUG  OCT - MARCH  JULY

UC DAVIS
HEALTH PROFESSIONS ADVISING
Applicant Timeline

- Begin Personal Statement edits
- Begin Experiences section
- Ask LORs
- Start School List
- Take/Retake Cycle A
- Apps open & transcripts
- Cycle A Submit
- Secondaries (submit by Sept. App complete)
- Cycle B
  - Apps open & transcripts
  - Interviews & Gap Year & PHC
- Start School

2022 JAN FEB MARCH APRIL MAY JUNE JULY AUG - MARCH JULY

Cycle A
- PA
- MD/DO
- Dental
- Optometry

Cycle B
- OT, PT, Public Health
- Pharmacy, Podiatry
- Vet* (Opens in May, submit by Aug)
To Do List

- Readiness Assessment
- Personal Statement
- Experiences Section
- Letters of Recommendation
- Creating a School List
- Determine Funding
- Create Application, Send Transcripts, Fee Assistance
- Edit Application
- Behavioral Tests
- Supplementals
- Interview Prep and attend Interview Week/Mock Interviews
- **Attend Pre-Health Conference**
Questions?

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