

July 9th - 22nd
Mondays - Fridays



Gaining Meaningful Experiences
12:10 - 1:30 pm
Wednesday, July 15th

UCDAVIS
HEALTH PROFESSIONS ADVISING

Zoom links and registration are
available on the HPA website.

July 9th - 22nd, 2020
Monday - Friday

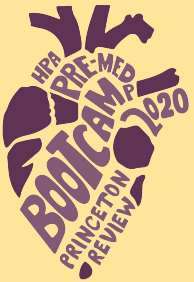


Announcements

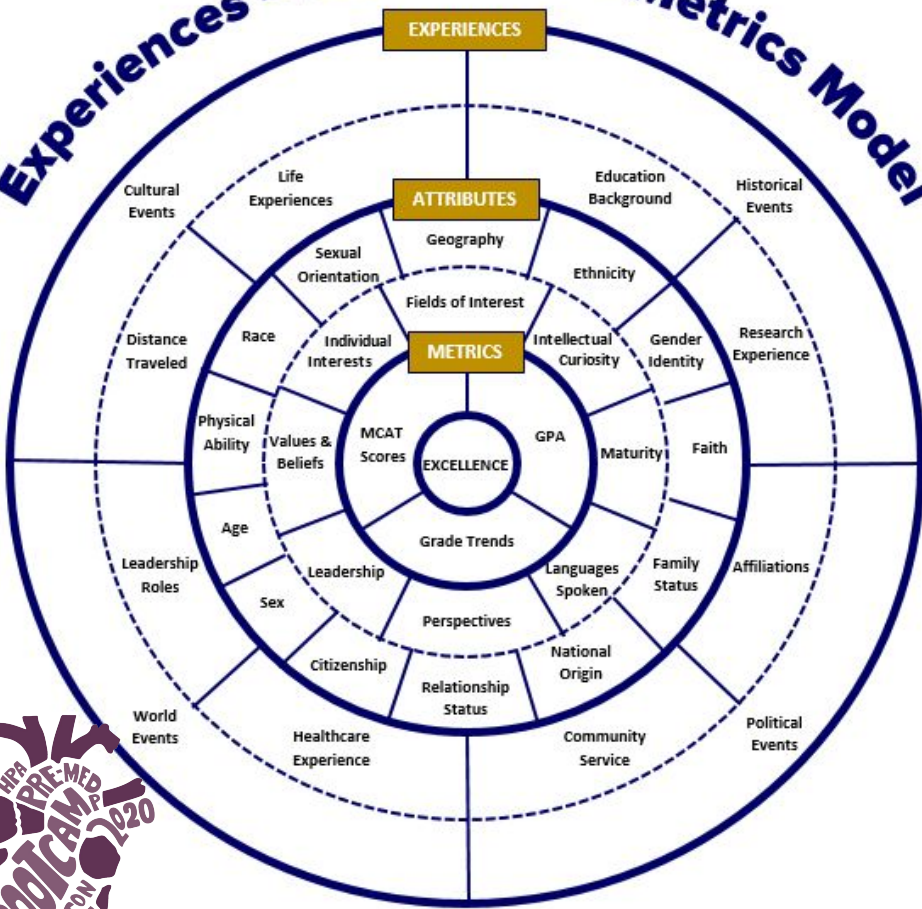
- Check your email from TPR for Thursday's session
- ~12:10 pm when attendees admitted, recommended to join early
- We are tracking attendance for certificates (no need to do anything else!)

Agenda

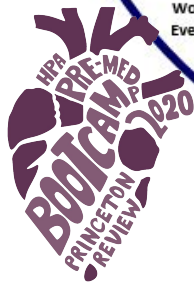
- Approaching Gaining Meaningful Experiences
- FAQs
- Specific Clinical Experiences
 - Volunteer: Shadowing, HRIs, Hospice
 - Paid: EMT, Scribe, Phlebotomist, MA
- COVID



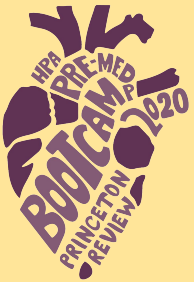
Experiences – Attributes – Metrics Model



Any remaining questions on this model for holistic admissions?



Who are you?
What value do you
bring to healthcare?



Attributes

- Geography
- Ethnicity
- Gender Identity
- Faith
- Family Status
- National Origin
- Relationship Status
- Citizenship
- Sex
- Age
- Physical Ability
- Race
- Sexual Orientation
- Fields of Interest
- Intellectual Curiosity
- Maturity
- Languages Spoken
- Leadership
- Values and Beliefs
- Individual Interests



AAMC Core Competencies

- Service Orientation
- Social Skills
- Cultural Competence
- Teamwork
- Oral Communication
- Ethical Responsibility to Self and Others
- Reliability and Dependability
- Resilience and Adaptability
- Capacity for Improvement
- Critical Thinking
- Quantitative Reasoning
- Scientific Inquiry
- Written Communication



Experiences

- Historical Events
- Political Events
- World Events
- Cultural Events
- Education Background
- Research Experience
- Affiliations
- Community Service
- Healthcare Experience
- Leadership Roles
- Distance Traveled
- Life Experiences



Finding Meaningful Experiences

- HRI Internships
- ICC Community Service Database
- Aggie Job Links
- Undergraduate Research Center
- Washington Program
- Study Abroad
- **Google is your best friend**



Potential Experiences

Clinical

- Health Related Internships
- Student-Run Clinics
- EMX Club
- Study Abroad Health Internship
- Washington Program Health Internship
- EMT Certification
- Certified Nursing Assistant Certification
- Hospice Certification
- Medical Assisting
- Home House Aide
- Unpaid Aide positions in offices
- Shadowing
- Doula (Volunteer)
- Global Medical Brigades
- Atlantis
- Americorps
- Peace Corps
- Volunteer in a Nursing Home

Research

- Lab Research
- Non-Science Research
- The Mind Institute
- EMRAP

Volunteer

- Crisis Hotline Worker
- Orientation Leader
- Cultural Event Planning
- Conference Planning
- Firefighter Program
- Children's Sport Coach
- Music Lessons

Extracurricular

- Intramurals/Club Sports/Athletics
- Student Organizations/Clubs
- Fraternities/Sororities
- Cultural Event Planning
- Conference Planning

Paid Experiences

- Tutor
- Research
- Test Prep Teacher
- Peer Advisor/Mentor
- Resident Assistant
- Substitute Teacher
- Paid Jobs (Non-Academic/Clinical)
- Paid Aide positions in Offices
- Doula (Paid)

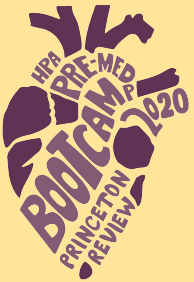


Frequently Asked Questions

- Which are the best experiences/What do med schools want?
- When should I start experiences?
- Do I need to do research?



Exploring Volunteer Clinical Experiences



Shadowing

- Officially following and observing a PA/MD/NP/etc.
- Purely observational, no hands-on experience
- Contact family/friends or ask PCP
- Use HRI to develop relationships
- Cold call/email private practices/clinics/urgent cares
- **Informational interviewing**



Health Related Internships (HRI) - ICC

- Fall 2020: September 8th, 2020
- Hospital Volunteer
 - Responsibilities dependent on dept./position
 - Opportunity to shadow/network & see how our healthcare system operates as a non-patient
- 4-8 Hrs/Week 1 - 2 quarters
- **No resume or interview required, use registration**

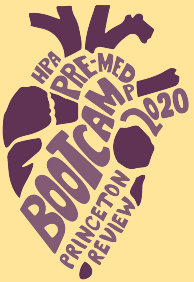


Hospice Volunteer

- Companionship and emotional support
- Caregiver Relief
- Run errands
- Sachospice.org
- <http://yolohospice.org/support-us/volunteer/>

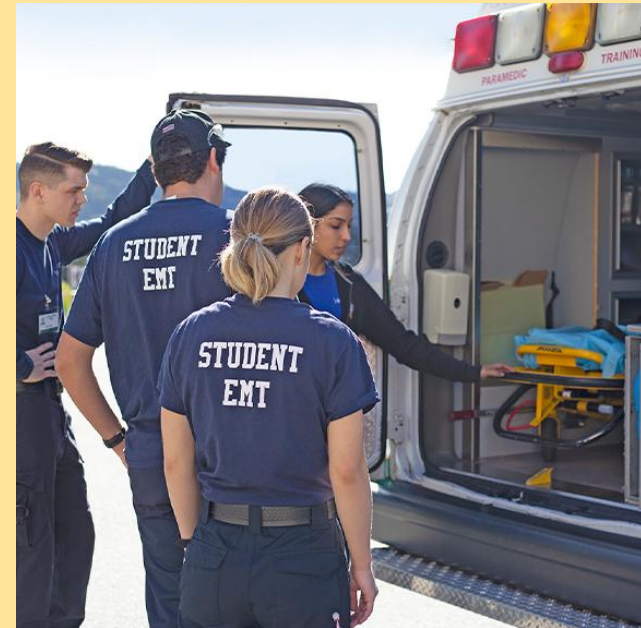


Exploring Paid Clinical Experiences



Emergency Medical Technician (EMT)

- Respond to emergency/non-emergency calls in an ambulance
- Stabilize patients, take vitals, administer certain medications, take medical history/assessments, practice BLS interventions, assist paramedic with ALS treatments (IV, IO, Ventilators, Cric, EKG, etc.)
- Course: 4-16 weeks
 - UCDFD: EMT 110/111 over Fall/Winter/Summer Quarters
- Cost: \$800-\$2000
- Test: National Registry of Emergency Medical Technicians (NREMT)
- Job Opportunities: Many IFT/Standby jobs available, 911 jobs are very competitive



Medical Scribe

- Companies offer on-the-job training
- Follow healthcare professionals (MD/DO/PA/NP/etc.) into patient room and document medical history, physicals, and other pertinent medical findings (EMR)
- Job Opportunities: Decent amount of jobs available (Scribe America, CEP America, etc.)
- Most companies want a 1-2 year commitment



Phlebotomist

- Perform blood draws, injections, and calms down patients
- Works in hospital or clinic setting
- Course: 2-8 Weeks
 - Phlebotomy USA

Cost: \$1500-\$2000

Certification: Phlebotomy Technician Certification (CPT)



Medical Assistant/Back-Office Assistant

- Work in Doctor's offices or clinics
 - Take vitals, get patient history, prep patients for procedures
 - Skin biopsies, injections, blood draws, peels, etc
 - Course: 4-12 Months
 - Employers may hire without certifications
 - "Back-Office Assistant"
- Job Opportunities: Varies

