Outline

• Who is this lady?
• What do they really want from us?
• Metrics, Experiences, Attributes
• Grades & Pre-Reqs
• Gaining Experiences
• LOR
• Personal Statement
• AMCAS & Timelines
• Q&A
• Raffle
What is the secret to getting in?
EXPERIENCES

ATTRIBUTES
- Geography
- Communication Skills
- Educational Background
- Life Experiences
- Research Experience
- Team Player

METRICS
- Success
- GPA
- Maturity
- Faith
- Critical Thinking
- Volunteer Work
- Distance Traveled

GLOBAL EXPERIENCES
- Cultural Events/World
- Global Experiences

CULTURAL
- Race/Ethnicity
- Individual Interests
- Sex
- Age
- Leadership Roles

VALUES & BELIEFS
- Leadership
- Resiliency
- Religiosity

LEADERSHIP
- Values & Beliefs
- Work Experience
- Citizenship

CITIZENSHIP
- Cultural Humility
- Healthcare Experience

HEALTHCARE
- Gender Identity
- Intellectual Curiosity
- Gender

INTELLECTUAL CURiosity
- Communication Skills
- Team Player

TEST SCORES
- Values & Beliefs
- Age
- Leadership

GRADE TRENDS
- Resiliency
- Sex
- Citizenship

COMMUNITY SERVICE
- Cultural Humility
- Healthcare Experience
Core Competencies

- Service Orientation
- Social Skills
- Cultural Competence
- Teamwork
- Oral Communication
- Ethical Responsibility to Self and Others
- Reliability and Dependability

- Resilience and Adaptability
- Capacity for Improvement
- Critical Thinking
- Quantitative Reasoning
- Scientific Inquiry
- Written Communication
- Science Competency
Who Are You?
Experiences are a tool.
Pieces of the Application Process

• Biographical/Contact Information
• Disadvantaged Statements
• Institutional Actions/Misdemeanors
• Test Scores/Coursework
• Experiences
• Essay
• LORs
• School List
MCAT Prerequisites

- Biology
- Chemistry
- Physics
- Organic Chemistry
- Biochemistry
- Physiology
- Genetics
- Sociology 3 & 162-4
- Psychology 1 & 41

Can I take a class P/NP?

Summer classes?

Community college classes?
Post baccalaureate (PB) coursework is included in the "Undergraduate Total" GPA as well as in a separate "Post baccalaureate" GPA.
### Fall Quarter 2014 (Term GPA: 4.000)

- **BIS 098** - Directed Gp Study: 1.00 P
- **CHE 002A** - General Chem: 5.00 A GE3 (QL,SE)
- **ECN 001A** - APMI - ADV PLAC Microeconomics (score: 4): 4.00 P
- **ENL 003** - APEN - ADV PLAC English Comp & Lit (score: 5): 4.00 P
- **MAT 016A** - APMB - ADV PLAC Math: Calculus-BC (score: 4): 8.00 P
- **MAT 017A** - Calculus for BioSci: 4.00 A+ GE3 (SL,QL,SE)
- **MAT TR1** - APMG - ADV PLAC Math: Calc-AB Subscore (score: 4): 4.00 P
- **PSC 001** - General Psychology: 4.00 A GE3 (SS)
- **UWP 001** - APEN - ADV PLAC English Comp & Lit (score: 5): 4.00 P

### Winter Quarter 2015 (Term GPA: 3.642)

- **BIS 002A** - Introduction to Biology: 5.00 A- GE3 (SE)
- **CHE 002B** - General Chem: 5.00 B+ GE3 (QL,SE)
- **MAT 017B** - Calculus for BioSci: 4.00 A GE3 (SL,QL,SE)

### Spring Quarter 2015 (Term GPA: 3.794)

- **BIS 002B** - Introduction to Biology: 5.00 B+ GE3 (SL,QL,SE,VL)
- **CHE 002C** - General Chem: 5.00 A GE3 (QL,SE)
- **MAT 017C** - Calculus for BioSci: 4.00 A+ GE3 (SL,SE)
- **NPB 010** - Elem Human Physiology: 3.00 A

### Summer Session I 2015 (Term GPA: 4.000)

- **ANT 001** - Human Evolutionary Bio: 4.00 A+ GE3 (SL,SE,WE)
- **BIS 002C** - Introduction to Biology: 5.00 A+ GE3 (SL,QL,QL,SE,VL)

### Academic Totals (Undergraduate)
- **TOTAL UNITS COMPLETED:** 222.50 (243.50 projected)
- **UCD UPPER DIVISION UNITS COMPLETED:** 88.00
- **UC GPA:** 3.645
- **EXCLUDED REPEAT:** 0.00

### Selection Totals (Estimated)

<table>
<thead>
<tr>
<th>Total</th>
<th>Upper Division</th>
<th>Lower Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Units: 45.00</td>
<td>Units: 0.00</td>
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<tr>
<td>GPA: 3.811</td>
<td>GPA: NaN</td>
<td>GPA: 3.811</td>
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<tr>
<td>Bal: 81.5</td>
<td>Bal: 0.0</td>
<td>Bal: 81.5</td>
</tr>
</tbody>
</table>

**UCD:**
- **UCD Upper Division:**
  - Units: 45.00
  - GPA: 3.811
  - Bal: 81.5
- **UCD Lower Division:**
  - Units: 45.00
  - GPA: 3.811
  - Bal: 81.5

- repeated, exclude from GPA ("projected")
- repeated, include in GPA ("projected")
- most recent repeat, include in GPA ("projected")
Personal Statement

5300 Characters: Why do you want to be a doctor?

• Proofread carefully!
• No changes (including grammatical or typographical errors) may be made after submitted
• Cut and Paste your essay into a Text File before copying into AMCAS. Not doing this may result in unintended formatting and characters.

Do not repeat information shared in your disadvantaged statement or your meaningful experiences

Plagiarism: Don’t do it.
Test Scores

• MCAT & AMCAS = Same people
• Last Three Years
• Future Test Dates Indicated
• Accommodations no longer reported
• Multiple Test Scores: Schools consider differently
• Reporting Other tests
Types of Disadvantage

• Academically
• Economically
• Environmentally

AMCAS Disadvantage Statement: 1325 Characters
I can’t leave Alabama!!!
1. Create Excel Sheet
2. Determine Your Budget
3. Start Researching (Websites)
4. Track Your Questions Along Columns
5. Collect Same Info for All Schools

<table>
<thead>
<tr>
<th>School Name</th>
<th>LOR Requirement</th>
<th>Outstanding Prereqs</th>
<th>Secondary Cost</th>
<th>Location</th>
<th>Curriculum</th>
<th>Clinical Training Sites</th>
<th>Out of state acceptance rate</th>
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<tbody>
<tr>
<td>Harvard</td>
<td>2 Science, 1 non-sci</td>
<td>None</td>
<td>$75</td>
<td>Boston: Urban (public trans only)</td>
<td>PBL</td>
<td>Brigham Young (2 miles)</td>
<td>50%</td>
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<tr>
<td>Yale</td>
<td>4 max from anyone</td>
<td>Sociology</td>
<td>$125</td>
<td>New Haven: Urban (car ok)</td>
<td>Traditional</td>
<td>Yale (on campus)</td>
<td>30%</td>
</tr>
</tbody>
</table>
When do you apply?

Things to consider about gap years:
Do you need to build your GPA?
Do you need more experience?
Do you want to redefine yourself?

You apply when you are ready!
Timeline:

- May: Applications open: Create Application for that cycle then.
- Send Transcripts at that time
- Enter Information into application
- June: Can Submit
- START WRITING YOUR SECONDARY PROMPTS!!!
- Verification: Around 4 weeks
- Secondaries go out in July
- Return Secondary Applications within one week
- Interview Invites go out between August and January.
- Be Patient.
AMCAS collects, verifies, and delivers application information and test scores to each school you choose.

They do not determine if requirements are met. Can submit apps without test scores & LOR.
Centralized Applications have a fee to submit for one school. Additional schools can cost between $39-75 each.

Applicants with financial need may apply to the Fee Assistance Program (FAP). AAMC FAP awardees receive a waiver for AMCAS fees (for up to 15 medical schools), reduced registration fees for the Medical College Admission Test® (MCAT®), and more. Visit the FAP website for application requirements and additional benefit information.

Secondary Application fees are determined by the schools and range from $75 to $125. When budgeting, plan for $100 per school you are applying to.
What did your friend tell you???