

Health Professions Advising

MED

PREP

MCAT • Experiences • Interviews

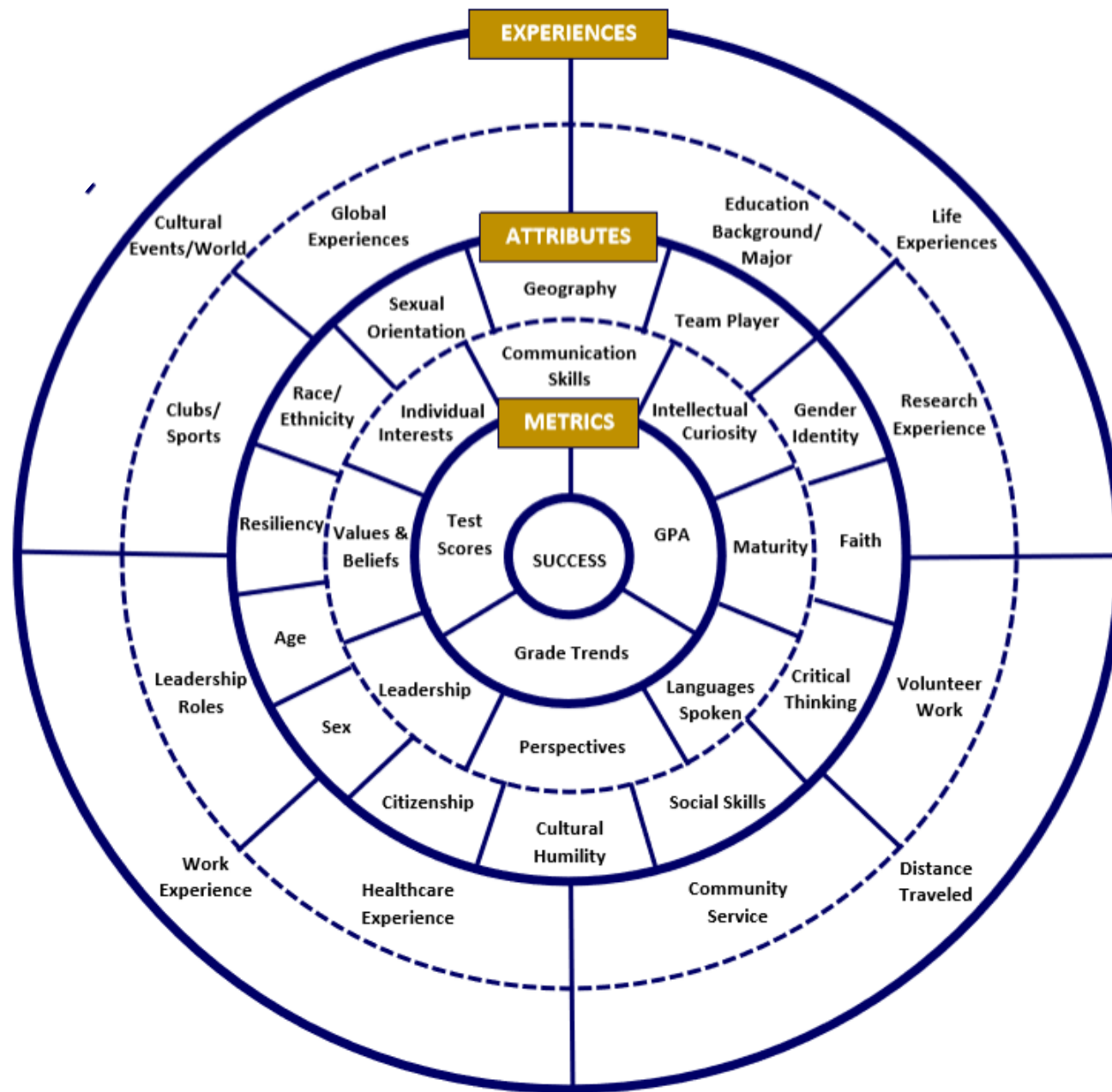
GPA • Personal Statements • LORs

Outline

- Who is this lady?
- What do they really want from us?
- Metrics, Experiences, Attributes
- Grades & Pre-Reqs
- Gaining Experiences
- LOR
- Personal Statement
- AMCAS & Timelines
- Q&A
- Raffle

**What is the secret
to getting in?**





Core Competencies

- Service Orientation
- Social Skills
- Cultural Competence
- Teamwork
- Oral Communication
- Ethical Responsibility to Self and Others
- Reliability and Dependability
- Resilience and Adaptability
- Capacity for Improvement
- Critical Thinking
- Quantitative Reasoning
- Scientific Inquiry
- Written Communication
- Science Competency

Who Are You?



Experiences are a tool.

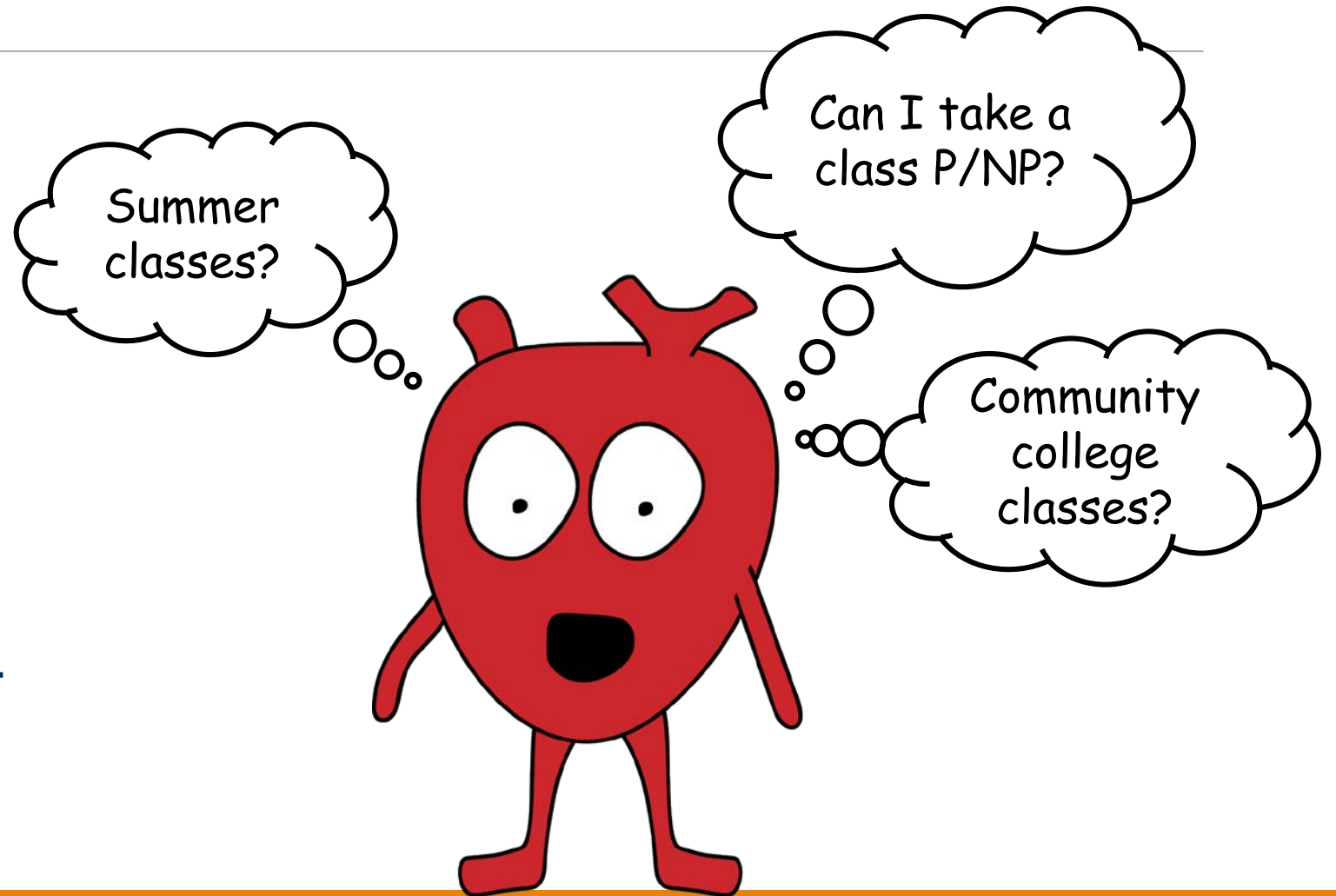


Pieces of the Application Process

- Biographical/Contact Information
- Disadvantaged Statements
- Institutional Actions/Misdemeanors
- Test Scores/Coursework
- Experiences
- Essay
- LORs
- School List

MCAT Prerequisites

- Biology
- Chemistry
- Physics
- Organic Chemistry
- Biochemistry
- Physiology
- Genetics
- Sociology 3 & 162-4
- Psychology 1 & 41



VERIFIED GRADE POINT AVERAGES

GPA Calculations will appear only when your application status is Processed

Status	BCPM		AO		Total		
	GPA	Hours	GPA	Hours	GPA	Hours	
High School							
Freshman	3.29	28.00	3.43	7.00	3.32	35.00	
Sophomore	3.26	34.00	2.00	7.00	3.04	41.00	
Junior							
Senior	3.62	27.00	3.00	3.00	3.60	30.00	
Postbaccalaureate Undergraduate							
Cumulative Undergraduate	3.44	89.00	3.33	17.00	3.42	106.00	
Graduate							
Supplemental Hours:	P/F - Pass:		P/F - Fail:		A/P: 70.00	CLEP:	OTHER:

Post baccalaureate (PB) coursework is included in the "Undergraduate Total" GPA as well as in a separate "Post baccalaureate" GPA.

Fall Quarter 2014 (Term GPA: 4.000)

<input type="checkbox"/>	201410	BIS 098 - Directed Gp Study	1.00	P	
<input checked="" type="checkbox"/>	201410	CHE 002A - General Chem	5.00	A	GE3 (QL,SE)
<input type="checkbox"/>	201410	(ECN 001A) - APMI - ADV PLAC Microeconomics (score: 4)	4.00	P	
<input type="checkbox"/>	201410	(ENL 003) - APEN - ADV PLAC English Comp & Lit (score: 5)	4.00	P	
<input type="checkbox"/>	201410	(MAT 016A) - APMB - ADV PLAC Math: Calculus-BC (score: 4)	8.00	P	
<input checked="" type="checkbox"/>	201410	MAT 017A - Calculus for BioSci	4.00	A+	GE3 (SL,QL,SE)
<input type="checkbox"/>	201410	(MAT TR1) - APMG - ADV PLAC Math: Calc-AB Subscor (score: 4)	4.00	P	
<input type="checkbox"/>	201410	PSC 001 - General Psychology	4.00	A	GE3 (SS)
<input type="checkbox"/>	201410	(UWP 001) - APEN - ADV PLAC English Comp & Lit (score: 5)	4.00	P	

Winter Quarter 2015 (Term GPA: 3.642)

<input checked="" type="checkbox"/>	201501	BIS 002A - Introduction to Biology	5.00	A-	GE3 (SE)
<input checked="" type="checkbox"/>	201501	CHE 002B - General Chem	5.00	B+	GE3 (QL,SE)
<input checked="" type="checkbox"/>	201501	MAT 017B - Calculus for BioSci	4.00	A	GE3 (SL,QL,SE)

Spring Quarter 2015 (Term GPA: 3.794)

<input checked="" type="checkbox"/>	201503	BIS 002B - Introduction to Biology	5.00	B+	GE3 (SL,QL,SE,VL)
<input checked="" type="checkbox"/>	201503	CHE 002C - General Chem	5.00	A	GE3 (QL,SE)
<input checked="" type="checkbox"/>	201503	MAT 017C - Calculus for BioSci	4.00	A+	GE3 (SL,SE)
<input checked="" type="checkbox"/>	201503	NPB 010 - Elem Human Physiology	3.00	A	

Summer Session I 2015 (Term GPA: 4.000)

<input type="checkbox"/>	201505	ANT 001 - Human Evolutionary Bio	4.00	A+	GE3 (SL,SE,WE)
<input checked="" type="checkbox"/>	201505	BIS 002C - Introduction to Biology	5.00	A+	GE3 (SL,OL,QL,SE,VL)

Academic Totals (Undergraduate)

TOTAL UNITS COMPLETED: **222.50** (243.50 projected)
 UCD UPPER DIVISION UNITS COMPLETED: **68.00**
 UC GPA: **3.645**
 EXCLUDED REPEAT: **0.00**

Selection Totals (Estimated)

Total:	Upper Division:	Lower Division:
Units: 45.00	Units: 0.00	Units: 45.00
GPA: 3.811	GPA: NaN	GPA: 3.811
Bal: 81.5	Bal: 0.0	Bal: 81.5

UCD:	UCD Upper Division:	UCD Lower Division:
Units: 45.00	Units: 0.00	Units: 45.00
GPA: 3.811	GPA: NaN	GPA: 3.811
Bal: 81.5	Bal: 0.0	Bal: 81.5

repeated, exclude from GPA (projected)

repeated, include in GPA (projected)

most recent repeat, include in GPA (projected)

Personal Statement

5300 Characters: Why do you want to be a doctor?

- Proofread carefully!
- No changes (including grammatical or typographical errors) may be made after submitted
- Cut and Paste your essay into a Text File before copying into AMCAS.

Not doing this may result in unintended formatting and characters.

Do not repeat information shared in your disadvantaged statement or your meaningful experiences

Plagiarism: Don't do it.

Test Scores

- MCAT & AMCAS=Same people
- Last Three Years
- Future Test Dates Indicated
- Accommodations no longer reported
- Multiple Test Scores: Schools consider differently
- Reporting Other tests

Types of Disadvantage

- Academically
- Economically
- Environmentally

AMCAS Disadvantage Statement: 1325 Characters



I can't leave
Alabama!!!

1. Create Excel Sheet
2. Determine Your Budget
3. Start Researching (Websites)
4. Track Your Questions Along Columns
5. Collect Same Info for All Schools

School Name	LOR Requirement	Outstanding Prereqs	Secondary Cost	Location	Curriculum	Clinical Training Sites	Out of state acceptance rate
Harvard	2 Science, 1 non-sci	None	\$75	Boston:Urban (public trans only)	PBL	Brigham Young (2 miles)	50%
Yale	4 max from anyone	Sociology	\$125	New Haven: Urban (car ok)	Traditional	Yale (on campus)	30%

When do you apply?

Things to consider about gap years:

Do you need to build your GPA?

Do you need more experience?

Do you want to redefine yourself?

You apply when you are ready!

Timeline:

- May: Applications open: Create Application for that cycle then.
- Send Transcripts at that time
- Enter Information into application
- June: Can Submit
- **START WRITING YOUR SECONDARY PROMPTS!!!**
- Verification: Around 4 weeks
- Med Schools Receive Apps first week of July.
- Secondaries go out in July
- Return Secondary Applications within one week
- Interview Invites go out between August and January.
- Be Patient.

AMCAS collects, verifies, and delivers application information and test scores to each school you choose.

They do not determine if requirements are met.

Can submit apps without test scores & LOR.

Centralized Applications have a fee to submit for one school. Additional schools can cost between \$39-75 each.

Applicants with financial need may apply to the [Fee Assistance Program \(FAP\)](#). AAMC FAP awardees receive a waiver for AMCAS fees (for up to 15 medical schools), reduced registration fees for the [Medical College Admission Test® \(MCAT®\)](#), and more. Visit the FAP website for application requirements and additional benefit information.

Secondary Application fees are determined by the schools and range from \$75 to \$125. When budgeting, plan for \$100 per school you are applying to.



What did your
friend tell
you???