# AMCAS and Timelines

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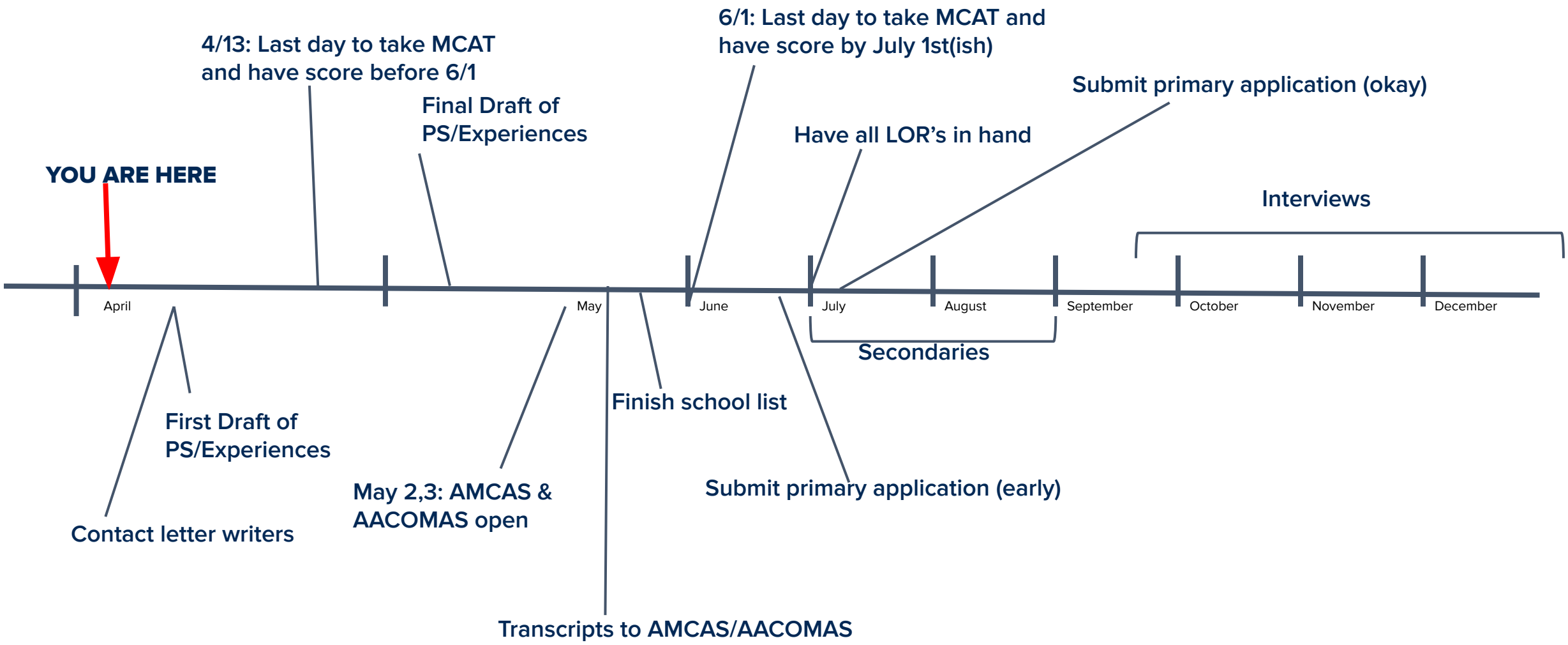
# Timeline


YOU ARE HERE
4/13: Last day to take MCAT and have score before 6/1
Final Draft of PS/Experiences
6/1: Last day to take MCAT and have score by July 1st(ish)
Have all LOR's in hand
Submit primary application (okay)
Interviews
April
May
June
July
August
September
October
November
December
Secondaries
Contact letter writers
First Draft of PS/Experiences
May 2,3: AMCAS & AACOMAS open
Finish school list
Transcripts to AMCAS/AACOMAS
Submit primary application (early)

# Questions?

# Pieces of the Application Process

- Biographical/Contact Information
- Disadvantaged Statements
- Institutional Actions/Misdemeanors
- Test Scores
- Coursework
- Experiences
- Essay
- LORs
- School List

- Now: Write Personal Statements, Disadvantaged Statement, Experiences
- Ask for LOR (Create Interfolio if applying MD/DO)
- May: Create application, Order Transcripts, Send Letter Writers Letter Request Form
- June: Submit Application, Pre-Write Secondaries

  July: Write Secondaries, Submit by August
- August: Finish Secondaries. Be patient
- September- February: Interview Invites Come
- September-April: Decide where to attend
- July: Start Medical School

# Centralized Application Systems

- Collect ALL transcripts and LORs
- LOR go to whatever schools you designate
- Will recalculate your GPA (likely to be different than Davis GPA)
- You Determine Science Coursework

Character Count for Personal Statements

LOR requirements

Disadvantaged Statements

# AMCAS Specifics

The 2020 AMCAS fee is **$170** for the first school and **$39** for each additional school.

- Counts EVERY class into GPA
- BCPM: Includes math
- Cannot update anything except LOR and address.
- Includes Meaningful Experiences

# AMCAS:

# 15 Experiences

- 15 x 700 Characters Each
  - *What did you do?*
- 3 x Meaningful Experiences: 1325 Characters
  - *How did it change you?*

Three Experiences = 2025 Charcters in TWO boxes.

- artistic endeavors
- community service/volunteer – medical/clinical
- community service/volunteer – not medical/clinical
- conferences attended
- extracurricular activities
- hobbies
- honors/awards/recognition
- intercollegiate athletics
- leadership – not listed elsewhere
- military service
- other
- paid employment – medical/clinical
- paid employment – not medical/clinical
- physician shadowing/clinical observation
- presentations/posters
- publications
- research/lab
- teaching/tutoring/teaching assistant

I spent two years working as a Health Educator for the student run clinic, Imani, serving Sacramento's underserved population. We made a huge impact on the community by offering free medical services. Somedays our clinic was so busy that we had to turn people away. On these days, I tried hard to serve as many people as possible, offering information about healthy living choices and providing information about resources. I worked alongside doctors, PAs and medical students, and I was able to do a lot of hands on care, such as taking blood pressure glucose checks. I learned a lot from this experience, and it solidified my desire to become a physician who wants to serve this population. (692)

Every available Saturday, I eagerly served as a medical Spanish interpreter, and if needed, took the patient's vital signs and preliminary review of systems in preparation for the volunteering medical student and doctors. The initial "good feelings" I had after a long clinic day were replaced with sadness. What was different between myself and our patients, many of whom were disabled, poor, undocumented, or people of color? As valuable as Imani is, it is a band-aid fix for a system that chooses not to afford basic healthcare rights to its people. It has galvanized me to change the system so that one day, people's primary health concerns will be met by doctors and not hard-working, compassionate college undergraduates.

# Types of Disadvantage

- Academically
- Economically
- Environmentally

# Personal Statement

5300 Characters: Why do you want to be a doctor?

- Proofread carefully!
- No changes (including grammatical or typographical errors) may be made after submitted
- Cut and Paste your essay into a Text File before copying into AMCAS.

*Not doing this may result in unintended formatting and characters.*

Do not repeat information shared in your disadvantaged statement or your meaningful experiences

Plagiarism: Don’t do it.

# Transcripts

- Orer Official For Yourself
- Send ALL Officials as soon as open app
- Enter courses EXACTLY as it appears
- Science vs Non-Science Coursework
- What does verify mean?

# Test Scores

- MCAT & AMCAS=Same people
- Last Three Years
- Future Test Dates Indicated
- Accommodations no longer reported
- Multiple Test Scores: Schools consider differently
- Reporting Other tests

**VERIFIED GRADE POINT AVERAGES**

*GPA Calculations will appear only when your application status is Processed*

| Status | BCPM | | AO | | Total | |
|---|---|---|---|---|---|---|
| | GPA | Hours | GPA | Hours | GPA | Hours |
| High School | | | | | | |
| Freshman | 3.29 | 28.00 | 3.43 | 7.00 | 3.32 | 35.00 |
| Sophomore | 3.26 | 34.00 | 2.00 | 7.00 | 3.04 | 41.00 |
| Junior | | | | | | |
| Senior | 3.62 | 27.00 | 3.00 | 3.00 | 3.60 | 30.00 |
| Postbaccalaureate Undergraduate | | | | | | |
| Cumulative Undergraduate | 3.44 | 89.00 | 3.33 | 17.00 | 3.42 | 106.00 |
| Graduate | | | | | | |

| Supplemental Hours: | P/F - Pass: | P/F - Fail: | A/P: 70.00 | CLEP: | OTHER: |
|---|---|---|---|---|---|

Post baccalaureate (PB) coursework is included in the "Undergraduate Total" GPA as well as in a separate "Post baccalaureate" GPA.

# LOR

- Average between 4-5
- Science Faculty vs Non-Science Faculty
- Non-Academic
- Letter Services: Interfolio and Virtual Evals
- AMCAS: Assign LOR to different schools
- TRACK IN ADVANCE
- ALL letters must be signed and on letterhead!

# School List

- Varies by Program
- Balanced In and Out of State
- Public and Private
- Research schools!
- Can add schools.

# Bullets

Use descriptive, active, past tense verbs:

Don’t be too repetitive. Examples:

- *Analyzed*
- *Coordinated*
- *Planned*
- *Collaborated*
- *Taught*
- *Created*
- *Implemented*
- *Designed*
- *Built*
- *Served*

# Getting Help with Your Application

## Online | aamc.org/amcas

Answers to most questions are available on our website: www.aamc.org/amcas. There you will find FAQs, guides, and video tutorials that provide additional instruction.

## Social Media | Twitter and YouTube

Follow AMCASinfo on Twitter and YouTube. We post updates and announcements on Twitter and share video tutorials for help filling out your application on YouTube.

## Phone | 202-828-0600

Applicant Relations Specialists in the AAMC Services Contact Center are available Monday – Friday from 9 a.m. to 7 p.m. ET. Have your AAMC ID available when you call.

## Email | amcas@aamc.org

To ensure a quick response, please include the subject of your inquiry in the subject line and your AAMC ID number in the body of your message.

## Health Professions Advising (or your pre-health advisor)

Drop In Advising hours are 2-4 p.m. Tuesdays, Wednesdays, or Thursdays