# BEST PRACTICES FOR INTERVIEW PREP VIDEO SUBMISSION SUBMISSIONS OPEN: AUGUST 24TH - 27TH

We highly encourage reviewing the practice materials we provided, including the 2020 Interview Week workshop videos and Practice Questions and Core Competencies Sheet in addition to this page. These are available on the Upcoming Events page on our website.

### **ENVIRONMENT & TECHNOLOGY**

#### WHEN CHOOSING A SPACE TO RECORD, CONSIDER THE FOLLOWING

- Choosing a space with a stable internet connection and checking internet speed
- Select a private, guiet, and well lit space that is free of distraction (e.g. your room or car)
- Choosing a computer or tablet with a good webcam and microphone is preferred
- Using and practicing on the same device available and checking the webcam and microphone ahead of time and the day of
- Disable all notifications and calls while recording/during the interview

# PRESENTATION

- Dress professionally, as you would for an in-person interview
- Practice with what you plan to wear so you can see how it looks via camera
- Position the camera at eye level so it looks like you are looking directly at the interviewer
- Make eye contact with the camera instead of the screen
- You want the interview to focus on you and your answers vs what you are wearing or the background etc.

## PRACTICE ANSWERING THE QUESTIONS

- Review your personal statement and other application materials and brainstorm past experiences you have had that could demonstrate a wide variety of core competencies
- Try and provide a specific example and use clinical and non-clinical experiences
- Provide complete responses and make sure you are answering the question
- We recommend restating the question, to be as clear and concise as possible so the listener can follow along easily, and remember to keep patient identifiers private

The form to submit and supporting materials are available at hpa.ucdavis.edu/programs/events



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