20% discount for the Princeton Review Summer Course in Davis: Discount Code UCDHPMCAT19
Creating Your Med School List

Joanne Snapp, MSED
Director of Health Professions Advising
1. Create Excel Sheet
2. Determine Your Budget
3. Start Researching (Websites)
4. Track Your Questions Along Columns
5. Collect Same Info for All Schools

<table>
<thead>
<tr>
<th>School Name</th>
<th>LOR Requirement</th>
<th>Outstanding Prereqs</th>
<th>Secondary Cost</th>
<th>Location</th>
<th>Curriculum</th>
<th>Clinical Training Sites</th>
<th>Out of state acceptance rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Western</td>
<td>2 Science, 1 non-sci</td>
<td>None</td>
<td>$75</td>
<td>Pomona: Suburbanish</td>
<td>PBL, Interprofessional</td>
<td>On campus &amp; 3 miles away</td>
<td>50%</td>
</tr>
<tr>
<td>Cornell</td>
<td>4 max from anyone</td>
<td>Sociology</td>
<td>$125</td>
<td>Rural</td>
<td>Traditional</td>
<td>All around campus</td>
<td>30%</td>
</tr>
</tbody>
</table>
The Goal (Always):
Align who you are with who they are.

Step 1: Know who you are and what you want.
Step 2: Learn what they have that.
Applying MD and/or DO

• Can decide what proportion of each you want to apply to:
  • For example, let’s say you have a 3.2 and a 505.
• Can decide if you want to try MD first round, and DO later if at all.
• If trying both at once, do MD by July. Finish DO by August.
Metric Averages

Averages are **not** minimum requirements.

Safety vs Reach Schools

\[ \frac{1}{3} = \text{California} \quad \frac{1}{3} = \text{High Tier} \quad \frac{1}{3} = \text{Mid Tier} \]

On using MSAR...
There are MANY factors to consider when picking schools.

Choosing schools is a strategic process.

• Location
• Exposure to Tracks
• Philosophy
• Curriculum Model
• Class Sizes
• Clinical Setting
• Early Clinical Experiences
• Board Pass Rates
• Cost
Tie who you are with what the school offers. How do you know what the school offers?

Student Life websites, YouTube, Facebook, Website Photos, Mission Statement, Talking to Students/Faculty

Are there people like me there? Can I connect with anyone?
Research vs Community Service vs Public Health

This should align with your past experiences and goals.

What if I haven't done any research?
Location is key!

Suburban, Urban, Rural
Do you want a car?
Are you ok with public transportation?
Access to underserved populations?

Sorry, you might end up in a cold state!
Curriculum Models: Buzz Words

• Problem-Based Learning
• Case-Based Learning
• Self-Directed Learning
• Interprofessional Education
• Student Centered
• Early Clinical Experiences
• Lifelong Learner
1. Majority of time spent in class
2. Passive role for students
3. Educators deliver information
4. Educators may or may not ask questions
5. Little to no pre-work done by learners

- Time spent in class
- Time spent in self-directed learning

80%
20%

1. Majority of time spent in self-directed learning
2. Active role for students
3. Educators are facilitators of learning
4. Educators create application questions and activities for use during sessions
5. Learners review information in advance (pre-work)

- Time spent in class
- Time spent in self-directed learning

80%
20%
Clinical Experiences

- Where are the clinical rotations located?
- Will you receive good training at these sites?
- Affluent private hospitals? County hospitals?
- Will you have exposure to the population you want to help?
- Are medical students welcomed in the hospitals?
- Are the hospitals on the brink of bankruptcy?
I CAN’T LEAVE CALIFORNIA!!!