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## Creating Your Med School List

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- 1. Create Excel Sheet
- 2. Determine Your Budget
- 3. Start Researching (Websites)
- 4. Track Your Questions Along Columns
- 5. Collect Same Info for All Schools

School Name	LOR Requirement	Outstanding Prereqs	Secondary Cost	Location	Curriculum	Clinical Training Sites	Out of state acceptance rate
Western	2 Science, 1 non-sci	None	\$75	Pomona: Suburbuanish	PBL, Interprofessi onal	On campus & 3 miles away	50%
Cornell	4 max from anyone	Sociology	\$125	Rural	Traditional	All around campus	30%

## The Goal (Always):

Align who you are with who they are.

Step 1: Know who you are and what you want.

Step 2: Learn what they have that.

## Applying MD and/or DO

- Can decide what proportion of each you want to apply to:
  - For example, let's say you have a 3.2 and a 505.
- Can decide if you want to try MD first round, and DO later if at all.
- If trying both at once, do MD by July. Finish DO by August.

## Metric Averages

Averages are <u>not</u> minimum requirements.

Safety vs Reach Schools

```
\frac{1}{3} = California \frac{1}{3} = High Tier \frac{1}{3} = Mid Tier
```

## On using MSAR...

There are MANY factors to consider when picking schools.

Choosing schools is a strategic process.

- Location
- Exposure to Tracks
- Philosophy
- Curriculum Model
- Class Sizes
- Clinical Setting
- Early Clinical Experiences
- Board Pass Rates
- Cost

## Tie who you are with what the school offers. How do you know what the school offers?

Student Life websites, YouTube, Facebook, Website Photos, Mission Statement, Talking to Students/Faculty

Are there people like me there? Can I connect with anyone?





#### Research vs Community Service vs Public Health

This should align with your past experiences and goals.

What if I haven't done any research?

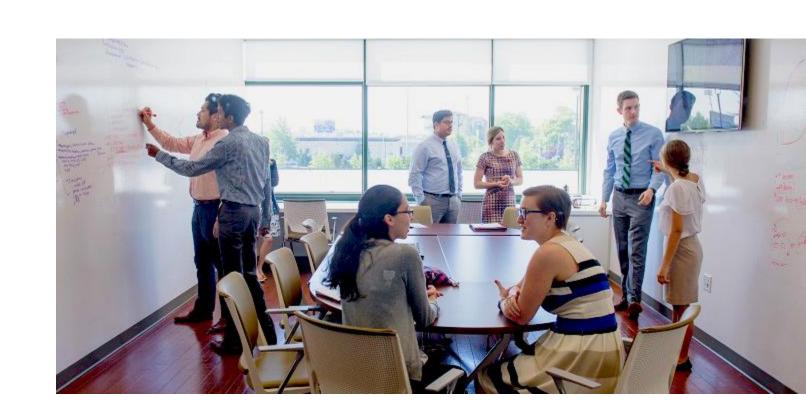
### Location is key!

Suburban, Urban, Rural
Do you want a car?
Are you ok with public transportation?
Access to underserved populations?

Sorry, you might end up in a cold state!

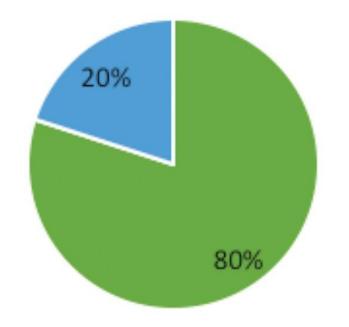
#### Curriculum Models: Buzz Words

- Problem-Based Learning
- Case-Based Learning
- Self-Directed Learning
- Interprofessional Education
- Student Centered
- Early Clinical Experiences
- Lifelong Learner



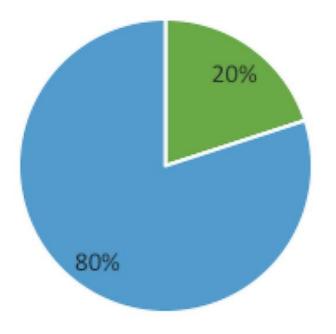
- 1. Majority of time spent in class
- 2. Passive role for students
- 3. Educators deliver information
- 4. Educators may or may not ask questions
- 5. Little to no pre-work done by learners

■ Time spent in class ■ Time spent in self-directed learning



- 1. Majority of time spent in self-directed learning
- 2. Active role for students
- 3. Educators are facilitators of learning
- 4. Educators create application questions and activities for use during sessions
- 5. Learners review information in advance (pre-work)





## Clinical Experiences

- Where are the clinical rotations located?
- Will you receive good training at these sites?
- Affluent private hospitals? County hospitals?
- Will you have exposure to the population you want to help?
- Are medical students welcomed in the hospitals?
- Are the hospitals on the brink of bankruptcy?

## I CAN'T LEAVE CALIFORNIA!!!



