App Prep Program
*I’m Ready to Submit,
Now What?*

Karen Draper, Staff Advisor
Express & Zoom Drop-In Advising

Both
Meet one-on-one with an advisor
UC Davis students & alumni invited

Phone Express Advising
(530) 752 - 6435

When: HPA Open Hours
Mondays - Thursdays: 10 am - 5 pm
Fridays: 10 am - 2 pm

Topics and Questions
Examples:
Quick Application Questions
Transcripts
Pre-reqs
LORs

Zoom Drop-In Advising
hpa.ucdavis.edu/DropIns

All Topics and Questions Welcome
Including application prep and revisions. First-come, first-serve basis for a 15 min. session

Staff and Peer Advisors Drop-Ins:
Tuesdays & Thursdays 1 - 3 pm
Wednesdays 12 - 2 pm

Expanded Zoom Drop-Ins with Peer Advisors:
Wednesdays 11 am - 12 pm
Wednesdays 2 - 3 pm
Submitting Strategies

Truth or Myth:
I have to submit the first day to be early
Submitting Strategies

Myth:
Submit early and ready. Review your writing with HPA during drop-ins or appointments.
Submitting Strategies

- Rolling Admissions vs Deadline
- Submit when you’re ready and early
  - Making your writing stronger will be worth it!
- Can submit with 1 school to be verified
  - You don’t need to submit all schools at once
  - Can add schools over time to stagger secondaries received
  - Want to complete secondaries by Aug/Sept or sooner

Do you have these questions?

> Should I wait for Spring grades?
> Do I need to send official transcripts from CC?
Maximizing Verification

- Verification typically 4 - 6 weeks
  - AACOMAS can be 2 days in June
- Use this time for:
  - Secondary pre-writing/writing
  - Take extra tests (Casper, Kira, AAMC PREView, etc.)
  - Attend events hosted by schools, associations, and HPA

Keep the ball rolling!
Secondaries

Why do you think we recommend pre-writing secondaries?
Secondaries

- **Timeline**
  - Aim to submit by Aug/Sept or sooner
  - Some schools embed secondaries in primary application or send it afterwards

- **Pre-write**
  - HPA recording coming soon
  - Research common qs
    - Schools often reuse questions or have similar ones year to year

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**Researching schools**

Doing detailed research upfront when creating your school list will help save time and energy for secondaries! Watch our YouTube recording.
Interviews

Why do you think we recommend preparing for interviews after secondaries, before you may start receiving invites?
Communicating with schools

Why do you think we recommend sending interest emails?
Communicating with Schools

Update Emails/Emails of Interest
- Strategy mostly for out-of-state schools
- After your application is complete, send every 4 - 6 weeks to schools that accept communications
- If you have a specific adcoms email you can address/email them
- Notice the brevity and conciseness
  - Save content for future emails
- First one can be after attending Pre-Health Conference

Example

Dear __,

My name is __ and I am current applicant for the 2022 - 2023 cycle. I am emailing to convey my continued interest in (name of school/program.)
Sentence on what you like about their school.
Sentence or two on how you will help with that.

Thank you for your continued consideration of my application.

Best/Sincerely/etc.
Name (CAS ID)
Communicating with Schools

Letters of Intent

● Be careful as this can cause more damage than help
● Do not submit it during this calendar year (it will be too early and they will discard the email!)
  ○ Send interest email instead
● Encourage only sending to 1 school
● Best if on waitlist after being interviewed (sending in May-ish and after)
  ○ Not for right after interviewed and waiting to hear back

Example

Dear __,

My name is ___ and I am current applicant for the 2022 - 2023 cycle. I want to thank the committee again for inviting me to interview and I would like to express my intent to register if I were to be accepted to (name of school/program.) Sentence on what you like about their school. Sentence or two on how you will help with that.

Thank you for your continued consideration of my application.

Best/Sincerely/etc.

Name (CAS ID)
Communicating with Schools

Events
- Consider events hosted by HPA and others
- If you haven’t submitted secondary yet can include
- Chance to ask “good questions” and help you stand out
- Conference is often a chance to get interviews the day-of or scheduled

Upcoming Events
- Summer Bootcamps (Virtual Visits)
- Pre-Health Conference at UC Davis Early Bird Pricing now
- Info Sessions by health prof schools
  Check our Pre-Med Bootcamp FB
  Check our email Newsletter
Spotlight on Conference
Sat, Oct. 15 2022

- Returning to In-Person event
- Pre-Health Exhibitors Fair
  - 250+ Exhibitors from health professional schools, post-bac programs, test prep companies, and other organizations
  - 25 different health fields represented
  - 50+ medical schools (last year)

- 4 Workshop Sessions featuring:
  - Unique workshops every session
  - Admissions Panels
  - Presentations by schools/programs
Spotlight on Conference
Sat, Oct. 15 2022

- Early bird pricing
  - Davis students/alumni - $25
  - Non-Davis students/alumni - $30
More events

Events

- Prepare for next steps
- Article on Maximizing info sessions: https://hpa.ucdavis.edu/blog/maximizing-virtual-info-sessions-5-steps

Upcoming Events

> Interview Week in August
> Mock Interview Days in FQ
Don’t forget

HPA serves all UC Davis students and alumni the same! Just don’t forget to stay connected and remember your SID. Congratulations Class of 2022!
Stay Connected with HPA

https://linktr.ee/UCDHealthProfessionsAdvising

Don’t miss out on important events such as

> Info Sessions
> Interview Week
> Mock Interview Days