



UCDAVIS
HEALTH PROFESSIONS ADVISING

App Prep Program:
Primary Application
Submission Strategy
and Next Steps

Karen Draper, Staff Advisor



Don't forget

HPA serves all UC Davis students and **alumni** the same!
Just don't forget to stay connected and remember your
SID. Congratulations Class of 2024!

Please Note

- Not all information from the presentation is represented in these slides. Please watch the recording of this presentation and meet with HPA advisors for further guidance.
 - To make an appointment, visit hpadvising.ucdavis.edu
 - To join drop-ins, visit hpa.ucdavis.edu/dropins

Drop-Ins and Appointments

Both

One-on-one with staff advisors. Everyone is invited **particularly applicants.** All questions and topics welcome, including PS & application revisions, interview prep, etc.

Drop-Ins

vs

Appointments

15 min.

30 min.

First-come, First-serve

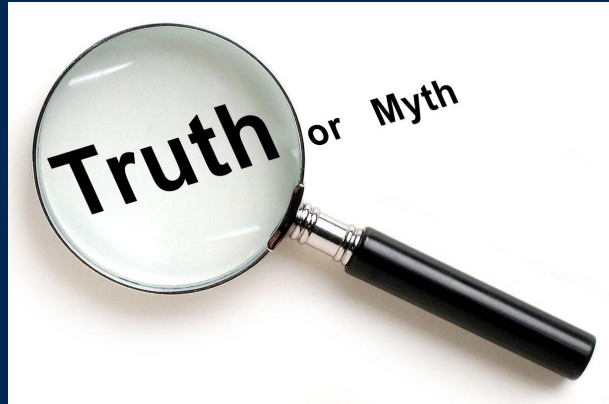
Scheduled

As many sessions

1 Appt. at a time

Submitting Strategies

Truth or Myth:
I have to submit the first day to be early



Submitting Strategies

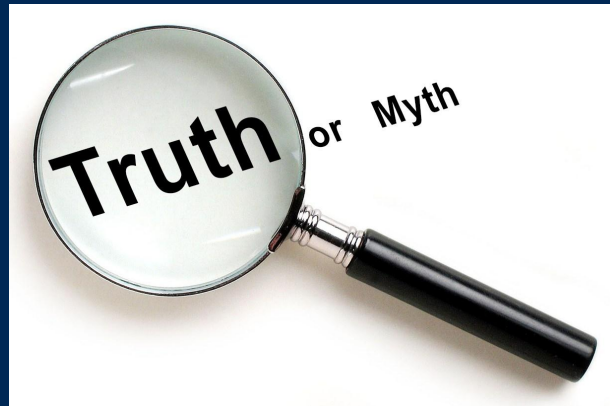
It's a myth you have to submit the first day to be early

Submit early (within 4 - 6 weeks) and ready. Review your writing with HPA during drop-ins or appointments.

**MYTH
BUSTED!**

Submitting Strategies

Truth or Myth:
I can use my Davis official transcript for transferred
coursework



Submitting Strategies

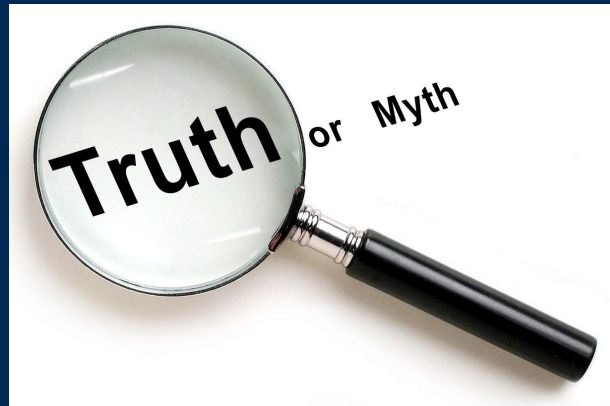
It is a myth to use Davis official transcript for transferred coursework

We highly encourage: For every higher education institution you attend, you will need an official transcript sent to yourself and the application service

**MYTH
BUSTED!**

Submitting Strategies

Truth or Myth:
I have to submit all of my schools at once in order
to start the verification process



Submitting Strategies

It is a myth, you do not need to submit all schools at once
to be verified

You can submit to one school to start the verification
process, and add schools overtime/later



Vocab Recap

- Rolling Admissions vs Deadline
- Verification
- Complete Application

Vocab Recap

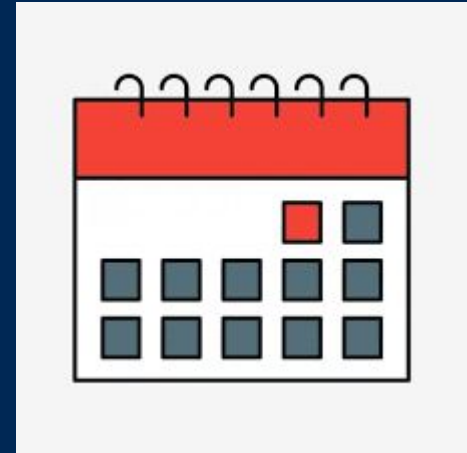
- Rolling Admissions vs Deadline
- Verification
- Complete Application
- Schools will review your app when it is complete, which includes:
 - Primary Application
 - DAT
 - LORs that meet their requirements
 - Supplemental (Including Fee)
 - If req: Situational Judgement Test (Eg. Casper)*

Why Timing Matters for Submission

Submitting Strategies

- Submit when you're ready and early
 - Making your writing stronger will be worth it!
- Can submit with 1 school to be verified
 - You don't need to submit all schools at once
 - Can add batches of schools over time to stagger secondaries received
 - Want to complete secondaries by Aug/Sept or sooner

Do you have these questions? Ask them in the chat!



Submitting Strategies

- Option 1
 - 3 categories of secondaries
 - Easy, Medium, Challenging
 - Work on all 3 over time
- Option 2
 - Batches based on location
 - Eg. CA, West, Midwest, East, Midwest 2, etc.
- Option 3
 - Batches based on fit/compatibility
 - Dream school 1, 2, 3, 4, etc.

Maximizing Verification

- Verification typically 4 - 6 weeks
 - AACOMAS can be 2 days in June
- Use this time for:
 - Secondary pre-writing/writing
 - Take extra tests (Casper, Kira, AAMC PREView, etc.)
 - Attend events hosted by schools, associations, and HPA
 - Finding more schools to apply to/solidify school list with research*

Keep the ball rolling!



School List



School List

Spring Break Road Trip

	3/25 Monday	3/26 Tuesday	3/27 Wednesday	3/28 Thursday
9:10 - 10 am PDT	California Northstate University College of Medicine	University of Rochester School of Medicine	Arkansas College of Osteopathic Medicine	St. George's University School of Medicine
10:10 - 11 am PDT	Touro University CA College of Osteopathic Medicine	UC Davis School of Medicine	Rowan University School of Osteopathic Medicine	Virginia Tech Carilion School of Medicine
11:10 am - 12 pm PDT	University of Iowa Carver College of Medicine	California Health Sciences University College of Osteopathic Medicine	Creighton University School of Medicine	Western Michigan University Homer Stryker School of Medicine
12:10 - 1 pm PDT	Duke University School of Medicine	Kaiser Permanente Bernard J. Tyson School of Medicine	Michigan State College of Human Medicine	Western University College of Osteopathic Medicine
1:10 - 2 pm PDT	PRIME-LA David Geffen School of Medicine at UCLA	University of New England College of Osteopathic Medicine	Rush University Medical College	UC Riverside School of Medicine
2:10 - 3 pm PDT	T.H. Chan School of Medicine at UMass	Burrell College of Osteopathic Medicine	AT Still University of Health Sciences	Keck School of Medicine of USC
3:10 - 4 pm PDT	Trinity School of Medicine	Idaho College of Osteopathic Medicine	David Geffen School of Medicine at UCLA	Medical College of Wisconsin
4:10 - 5 pm PDT		American University of the Caribbean School of Medicine (AUC)	College of Podiatric Medicine at Samuel Merritt University	Rosalind Franklin University of Medicine & Science

Pre-Health Conference

PRE-HEALTH FAIR DIRECTORY

Please note the directory is subject to change and exhibitors may be located in a different category. Professions with (*) may have additional exhibitors in different categories. Exhibitors with (**) indicate they may represent multiple health professions. Please check our digital program for updates

PLATINUM SPONSOR

Utah Tech University

Charles R. Drew University of Medicine and Science

DENTISTRY*

California Northstate University College of Dental Medicine

Goldman School of Dental Medicine

Kansas City University

Roseman University of Health Sciences

University of Minnesota School of Dentistry

University of Pennsylvania School of Dental Medicine

University of the Pacific, Arthur A. Dugoni School of Dentistry

Western University of Health Sciences

GENETIC COUNSELING*

University of California, San Francisco - Genetic Counseling Program

MASTERS/GRADUATE PROGRAMS

Bioscience PhD Neuroscience PhD, University of Utah

Boston University Chobanian Avedisian School of Medicine Graduate Medical Sciences

MEDICINE (MD/DO/DPM/ND/DC)

Association of Accredited Naturopathic Medical Colleges

Association of American Medical Colleges

American Canadian School of Medicine

American University of Antigua College of Medicine

Barry University School of Podiatric Medicine

Boston University Chobanian Avedisian School of Medicine

Burrell College of Osteopathic Medicine

California University of Science and Medicine

Charles R. Drew University of Medicine and Science

Clinical Observation and Medical Transcription, Stanford University

Creighton University School of Medicine

David Geffen School of Medicine at UCLA

Des Moines University

Dr. William M. Scholl College of Podiatric Medicine

Duke University School of Medicine

Duke-NUS Medical School

Idaho College of Osteopathic Medicine

Researching Schools

- Doing detailed research upfront when creating your school list will **help save time** and **energy** for secondaries!
- Watch our YouTube recording on strategic school lists.

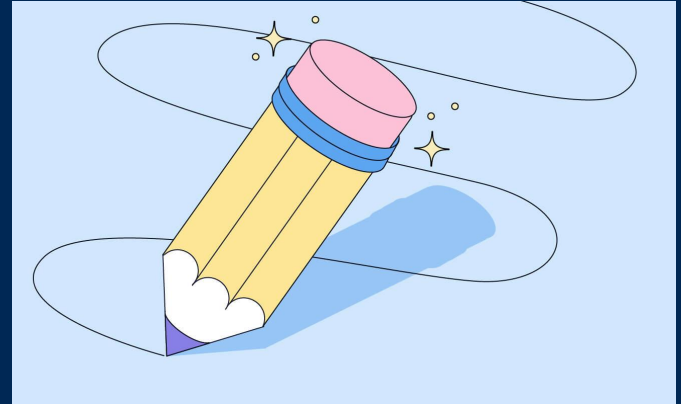
Secondaries

Why do you think we recommend pre-writing secondaries?



Secondaries & Schools

- **Timeline**
 - Aim to submit by Aug/Sept or sooner
 - Some schools embed secondaries in primary application or send it afterwards
- **Pre-write**
 - Secondaries video on our youtube channel
 - Research common qs
 - Schools often reuse questions or have similar ones year to year



Interviews

Why do you think we recommend preparing for interviews after secondaries, before you may start receiving invites?



Communicating with schools

Have you heard of update emails/letters?



Communicating with Schools

Update Emails/Emails of Interest

- Strategy mostly for **out-of-state** schools
- After your application is complete
Send **every 4 - 6 weeks** to schools that accept communications
- If you have a specific adcoms email you can address/email them
- Goal is to be **brief and concise**
 - **Save content for future** emails
- First one can be sent **after attending Pre-Health Conference (PHC) or in Oct.** if you won't see them at PHC

Update/Interest Emails

Update Example

Dear __,

My name is __ and I am current applicant for the 2024 cycle. I am emailing to convey my continued interest in interviewing at (name of school/program) and provide an update since I submitted my application. Include number of hours you have gained in __ position. What you have learned/gained related to technical skills and competencies. How it relates to their schools.

Thank you for your continued consideration of my application.

Best/Sincerely/etc.
Name (CAS ID)

Interest Example

Dear __,

My name is __ and I am current applicant for the 2024 cycle. I am emailing to convey my continued interest in interviewing at (name of school/program.)
Sentence on what you like about their school.
Sentence or two on how you will help with that.

Thank you for your continued consideration of my application.

Best/Sincerely/etc.
Name (CAS ID)

Letters of Intent

Letters of Intent

- Be careful
- Most professions: Do not submit it during this calendar year (it will be too early and they will discard the email!)
 - Send interest email instead
- Encourage only sending to 1 school
- Best if on waitlist after being interviewed (sending in April/May-ish and after)
 - Not for right after interviewed and waiting to hear back

Example

Dear __,

My name is __ and I am current applicant for the 2024 - 2025 cycle. I want to thank the committee again for inviting me to interview and I would like to express my intent to register if i were to be accepted to (name of school/program.) Sentence on what you like about their school. Sentence or two on how you will help with that. (Depending on the school can be expanded to a few paragraphs.)

Thank you for your continued consideration of my application.

Best/Sincerely/etc.
Name (CAS ID)

Connecting with Schools

Events

- Consider events hosted by HPA and others
- can include in secondaries If you haven't submitted it yet
- Chance to ask “good questions” and help you stand out
- Conference is often a chance to get interviews the day-of or scheduled

Upcoming Events

- > Summer Bootcamps (Virtual Visits)
- > Pre-Health Conference at UC Davis
- > Info Sessions by health prof schools
 - Check our Pre-Med Bootcamp FB
 - Check our email Newsletter

More events

Prepare for Info Sessions

- Article on Maximizing info sessions:
<https://hpa.ucdavis.edu/blog/maximizing-virtual-info-sessions-5-steps>

Upcoming HPA Events

- > Interview Week in August
- > Mock Interview Days in FQ
- > Pre-Health Conference
- > Bootcamps

Why You Should Attend Bootcamps

- **Include in application**
- Meet and hear from schools
 - School List
 - Insight on their timeline
 - Insight on their interview
 - Include in secondary if not submitted
- Meet practicing professionals or professional students
 - Help shape your goals/understanding of healthcare

Register for Bootcamps Today

- > Pre-Med
- > Pre-Vet
- > Pre-Dental
- > Pre-PA Coming Soon

Spotlight on Conference

Sat., Nov. 2nd, 2024

- Largest Pre-Health Event in nation
- Pre-Health Exhibitors Fair
 - 200+ Exhibitors from health professional schools, post-bac programs, test prep companies, and other organizations
 - 20+ different health fields represented
 - 70+ medical schools (last year)
- 3 Workshop Sessions featuring:
 - Unique workshops every session
 - Admissions Panels
 - Presentations by schools/programs



Registration is open



- Attendees who register earlier, are often more prepared.
- Many applicants **receive interviews** and ultimately acceptances!



Stay Connected with HPA

<https://linktr.ee/UCDHealthProfessionsAdvising>



**Don't miss out on
important events such as**

- > Info Sessions
- > Interview Week
- > Mock Interview Days