# APPLY FOR THE UC DAVIS HEALTH PROFESSIONS POST-BAC PROGRAM

We offer one cohort per year, beginning in January. **Applications will open July 1 yearly and close September 30**. Apply online through the centralized application service, PostBacCAS. The application process is rolling, so applying early is highly recommended.

# **TUITION**

\$30,000 for the 15-month program or \$6,000 per quarter for the quarter-by-quarter option

Cost includes all coursework, test and application preparation, advising and specialized training in quarter five. Housing, food, transportation, books and health insurance are not included.

**For program details** regarding prerequisites, the application process, quarter-by-quarter options, fees, financial aid and more, visit us online:

hpa.ucdavis.edu/postbac

## **CONTACT US**

Web: hpa.ucdavis.edu/postbac Phone: (530) 754-1661 Email: postbac@ucdavis.edu





Joanne Snapp, MSEd Director, Advisor



Bryelle McRay Advisor



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## **ABOUT US**

Developed in partnership with UC Davis' Health Professions Advising Office and Division of Continuing and Professional Education, this academic-enhancing program is designed for individuals pursuing medicine, dentistry, veterinary medicine, nursing, physician assistant or other health professions.

Unlike other post-baccalaureate programs, our unique **five-quarter program** starts each January and ends the following March, so you can take a full year's worth of coursework, prepare for the GRE and have time to complete VMCAS and prepare for a gap-year position.

Capitalizing on the abundant resources that UC Davis provides, we employ application strategies that lead to successful matriculation into veterinary medicine schools.

# SECURE YOUR FUTURE AS A VETERINARIAN

OUR PROGRAM PREPARES YOU for all aspects of applying to veterinary medical schools—academic building, test taking and application preparation—while also prepping you for employment during your gap year. You'll benefit from individualized, high-touch advising; a comprehensive, inhouse test preparation program; and an application strategy that aligns with your specific needs.

## **PROGRAM OVERVIEW**

The program includes:

- 12 rigorous science courses (three courses per quarter)
- Built-in GRE test preparation course
- Series of one-unit support seminars
- Application prep seminar
- Hands-on experience

Students will work with an advisor to select three upper-division courses each quarter. If needed, one quarter of chemistry, organic chemistry or physics can be repeated throughout the program.

You can apply to the full program or register for a quarter at a time. Advising and test preparation are provided during the quarter registered.

# SKILL-BUILDING SEMINARS

These one-unit seminars are designed to help you succeed in the program, as well as in your future vet school.

#### **LEARNING STRATEGIES**

Learn strategies for the classroom and test preparation. Explore proven techniques to increase memory retention and recall.

#### **TEST-TAKING STRATEGIES**

Learn strategies that can be applied to classroom tests and standardized exams. Study proven techniques to increase recall, deductive reasoning and application.

#### **NARRATIVE MEDICINE**

Read and discuss concepts around social determinants of health, motivational interviewing, health equity and more, while learning to develop your own narrative.

#### **MEDICAL TERMINOLOGY**

14 units

Build the vocabulary you need to understand and participate in conversations centered on health.

14 units minimum

#### **SAMPLE PRE-VET TRACK**

Winter (Quarter 1)	Spring (Quarter 2)	Summer (Quarter 3)	Fall (Quarter 4)	Winter (Quarter 5)
3 Science Courses	3 Science Courses	3 Science Courses	3 Science Courses	Hands-on Learning Experience (Research, Clinical or One Health Track) 2 Online Courses (optional)
GRE Prep Seminar (1 unit each quarter)				GRE Exam in January
Learning Strategies Seminar (1 unit)	Test-Taking Strategies Seminar (1 unit)	Narrative Medicine Seminar (1 unit)	Medical Terminology Seminar (1 unit)	Application Prep
Re	inforcement Courses	(if needed): Organic C	hemistry, Physics, Che	mistry

14 units

14 units

### SPECIALIZED TRACKS

When applying, you will select a track to pursue during the program, which will determine your course of study in the fifth guarter.

#### RESEARCH

Work closely with your advisor to identify areas of interest. Following assessment of your current reasearch experience, you will be placed in a lab or with a clinical researcher at the UC Davis School of Veterinary Medicine during the fifth quarter. If necessary, you will also be placed in science courses designed to teach basic lab skills.

#### **CLINICAL**

Participate in a hands-on animal experience that will provide opportunities to explore careers and acquire veterinary hours.

#### **ONE HEALTH**

Take an in-depth look at One Health.

Work individually with your advisor to find experiences that match your goals and select coursework centered on your specific interests in One Health epidemiology, public health and more. Additionally, you will be paired with a mentor to intern with for the quarter.

### **ONE-ON-ONE ADVISING**

Our personal approach to advising means that we understand your goals, strengths and challenges. Through weekly seminars and check-ins, our advisors learn about your academic journey, providing assistance and resources as necessary. Your success in the program is essential, so we will make every effort in assisting you with acclimating to the environment and experience.

# PERSONALIZED COMPOSITE LETTER

As a post-bac student, you can utilize a Composite Letter Packet service, which many health professions schools prefer. Advisors will collect your letters of recommendation, write a cover letter and upload your Composite Letter Packet to your application system in June of your application year.

### **GRE PREPARATION**

Your success on the GRE is our top priority. Build test-taking skills and confidence through individualized plans and consistent practice. During orientation, you will take a full-length test to assess your current needs, and our test prep instructor and advisors will work with you to discuss strategies and select coursework to address any weaknesses.

Students in our full program may enroll in a oneunit P/NP GRE seminar. During this quarter-long preparation, they will participate in experiential learning opportunities to review content, learn and apply strategies for each test section, take full-length practice tests, and build the confidence necessary to conquer the GRE.

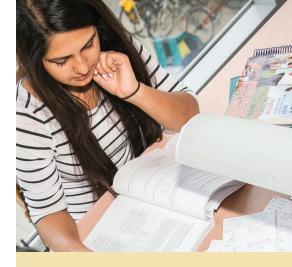
Pre-Vet students will take the GRE in January of their fifth quarter, before beginning their tracks. In the event that a student should repeat the GRE, we will provide assistance for one more retake through June. Students may elect to sit in on the seminars again or receive individual tutoring.

# APPLICATION PREPARATION

Throughout the program, your advisor will work closely with you to identify an application strategy that aligns with your needs. You'll also have one-on-one access to the program director, who has over 10 years of experience in both vet med school admissions and the Health Professions Advising Office at UC Davis—which has demonstrated a strong increase in successful vet med school matriculation.

Application preparation includes:

- Personal statement and experience writing
- Résumé building
- Cover letter and interest/update email writing
- · How to ask for letters of recommendation
- Composite letter from the program director
- Creating a school list
- · Centralized application review
- · Interview preparation



# REGISTER FOR AN INFORMATION SESSION

**To learn more** about this program, join us for an information session and be sure to bring your questions.

These sessions are available:

#### Monday, June 1, 2020

6 p.m., LIVE Webinar Register online at hpa.ucdavis.edu/postbac

#### Wednesday, July 1, 2020

6 p.m., LIVE Webinar: Application Q&A Register online at hpa.ucdavis.edu/postbac

#### Saturday, August 1, 2020

6 p.m., LIVE Webinar

Register online at hpa.ucdavis.edu/postbac



For more information, visit us online: hpa.ucdavis.edu/postbac